



# MCOT PATCH™

MOBILE CARDIAC OUTPATIENT TELEMETRY



## What Do I Need To Know While Monitoring?

Familiarize yourself with the key information you need to know while monitoring. Refer to the Patient Education Guide in the kit for more information.



1. Keep the monitor within 5 feet of you at all times.



2. To manually record a symptom, press the "Record Symptoms" button, select "Yes", select the "Symptom", select the "Activity", and press "OK". "Record Symptoms" button.



3. Shower or exercise as normal while wearing the MCOT Patch. Do not swim or take a bath.



Patch is water-resistant, not waterproof.



4. When the battery is low, use the supplied charger. The monitor will show a warning message when the battery is low.



5. Do not remove the patch from your skin after you begin monitoring. With normal wear, each patch should last approximately 5 days.



6. Charge the monitor daily with the charger provided.



7. Address all alerts on your monitor promptly.



8. A "No Communication" message on your monitor means the sensor is out of range. To resolve the issue, keep the monitor within a range of 5 feet. If the issue persists more than 15 minutes, contact Customer Service at 1.866.426.4401.



9. If you are in an area with no or limited cellular coverage you may receive a message. To resolve the issue, move to an area with cellular coverage. If you are unable to do so, the monitor will store the data and transmit when service becomes available.



10. If you experience discomfort with the patch anytime during monitoring, a lead wire adapter is available in the kit for alternate use.



11. After your prescription has ended, turn off the monitor and place the sensor, lead wire adapter, chargers, monitor, and unused components back into the kit. Place the kit into the supplied packaging and mail it back to BioTel Heart as instructed in the Patient Guide.

**Need assistance?** Select the HELP menu on your monitor for a video tutorial or visit [myheartmonitor.com](http://myheartmonitor.com)

Contact Customer Service at **1.866.426.4401** if you need assistance or have any questions throughout your monitoring period.

1000 Cedar Hollow Road, Suite 102, Malvern, PA 19355

1.866.426.4401 | [myheartmonitor.com](http://myheartmonitor.com)

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**BioTel**  
HEART  
Better cardiac data



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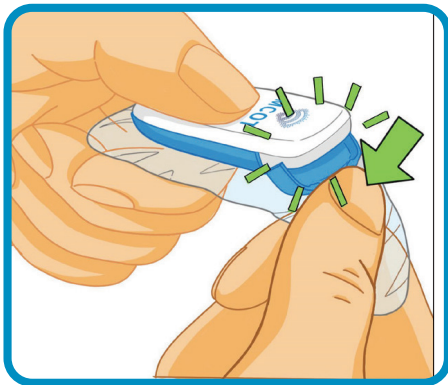
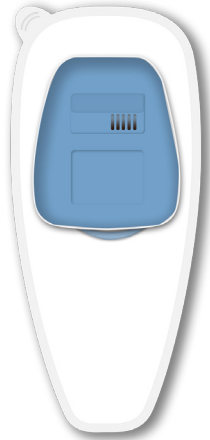
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## How to **Correctly** Remove the Sensor from the Patch:

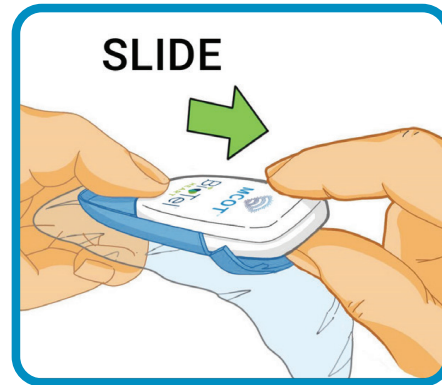
Sensor



Patch



1. Apply downward pressure on the tab to snap/break it off. This will require some force.



2. Hold the sensor as shown and slide the sensor forward to remove it from the PATCH.

If the sensor has been removed from the patch correctly, the blue backing will no longer be visible



If you experience any difficulty or have questions when removing the Sensor from the Patch, contact Customer Service at 1-866-426-4401.