



ePatch™ QUICK START GUIDE

STEP 1: SKIN PREPARATION



Shave:
(if needed)



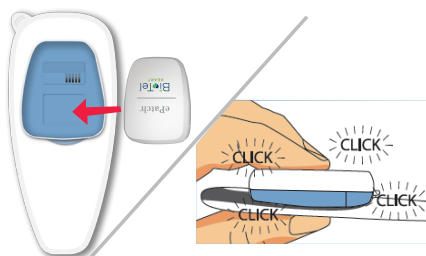
Clean skin



Scrub skin

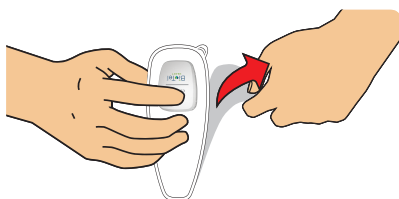
If needed, shave chest area so that it is clear of any hair. Clean area with soap and water. Pat dry. Gently scrub skin with abrasion pad.

STEP 2: ATTACH SENSOR TO THE PATCH



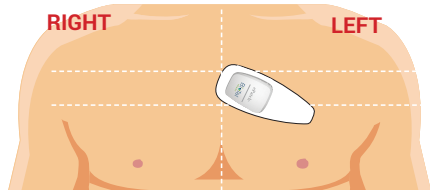
Snap sensor into the patch. Press all four sides to ensure sensor is securely connected to the patch. You will hear several clicks.

STEP 3: REMOVE PATCH BACKING



Remove the clear plastic backing to expose the adhesive part of the patch. Do not touch the adhesive.

STEP 4: APPLY PATCH TO YOUR SKIN



Apply patch to chest on a slight angle as shown in the illustration above. Press all sides of the patch so it will adhere to your skin.

STOP: Wait 1 minute before proceeding to Step 5.

STEP 5: REMOVE COVER PAPER



Gently peel off the white cover paper of the patch with the pull tab in the center.

BiTel®
HEART



ePatch™

Quick Tips for Your Monitoring Period



Wear ePatch only for as long as prescribed by your doctor.

Your prescription ends on _____



The sensor will display a solid green light for 15 seconds and then a flashing green light for 30 seconds after connection to the patch.



Avoid direct water contact.

ePatch is water-resistant, not waterproof.



Double-tap the middle of the sensor to record a symptom. It will generate a green light. Then, record any and all symptoms you are feeling into your patient diary.



When your monitoring period has ended, carefully remove the patch from your body and return or mail back the sensor and diary, as directed by your doctor's office.

Contact us at **1.877.593.6421** if you need assistance or if you have questions throughout your monitoring period.

Customer Service is available:

Monday – Fridays: 8:00 AM - 8:30 PM ET

Saturdays: 8:00 AM - 4:30 PM ET.

1000 Cedar Hollow Road, Malvern, PA 19355

myheartmonitor.com



CardioNet, LifeWatch, and BioTel Heart are trademarks of BioTelemetry, Inc.

Copyright © 2019. All rights reserved. Doc No. 220-0433-01 Rev. H